

Asst. Prof. Mehmet Akif NAS



Personal Information

Office Phone: [+90 442 344 8634](tel:+904423448634)

Email: mehmetakif.nas@atauni.edu.tr

Web: <https://avesis.atauni.edu.tr/mehmetakif.nas>

Address: Atatürk Üniversitesi Tıp Fakültesi, Morfoloji Binası, Tıp Eğitimi Anabilim Dalı



International Researcher IDs

ScholarID: xbrSKTUAAAAJ

ORCID: 0000-0002-7843-3135

ScopusID: 57220901342

Yoksis Researcher ID: 255832

Education Information

Expertise In Medicine, Ataturk University, Tıp Fakültesi, Dahili Tıp Bilimleri, Turkey 2016 - 2019

Undergraduate, Gazi University, Tıp Fakültesi, Turkey 2005 - 2012

Certificates, Courses and Trainings

Health&Medicine, Hipnoz Uygulama Sertifikası, Atatürk Üniversitesi, 2018

Dissertations

Expertise In Medicine, The effects of the teach-back method on clinical parameters and patient knowledge in individuals with Type 2 diabetes receiving insulin therapy, Ataturk University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2019

Research Areas

Medicine, Health Sciences, Fundamental Medical Sciences, Medicine Education

Academic Titles / Tasks

Assistant Professor, Ataturk University, Tıp Fakültesi, Temel Tıp Bilimleri, 2021 - Continues

Research Assistant, Ataturk University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2016 - 2019

Academic and Administrative Experience

Mevlana Exchange Program Institutional Coordinator, Ataturk University, Tıp Fakültesi, 2022 - Continues

Erasmus Program Institutional Coordinator, Ataturk University, Tıp Fakültesi, 2022 - Continues

Courses

Problem Based Learning, Undergraduate, 2022 - 2023, 2021 - 2022

Bilgiye Erişim ve Okuryazarlık, Undergraduate, 2022 - 2023

Applying and Removing Foley Catheter for women, Undergraduate, 2022 - 2023, 2021 - 2022

Dealing with the difficult patient (Simule Patient Interview), Undergraduate, 2022 - 2023, 2021 - 2022

Dealing with the difficult patient (Debrifing), Undergraduate, 2022 - 2023, 2021 - 2022

Applying and Removing Foley Catheter for women, Undergraduate, 2022 - 2023, 2021 - 2022

Professionalism, Undergraduate, 2022 - 2023, 2021 - 2022

Drug preparation and intramuscular injection skills, Undergraduate, 2022 - 2023, 2021 - 2022

IV access and blood withdrawal skills, Undergraduate, 2022 - 2023, 2021 - 2022

Gynecologic examination and smear skills, Undergraduate, 2022 - 2023, 2021 - 2022

Getting to know our hospital - Orientation, Undergraduate, 2022 - 2023, 2021 - 2022

IV access and blood withdrawal skills, Undergraduate, 2022 - 2023, 2021 - 2022

Palpating the Pulse (Radial Artery) and Measuring the Blood Pressure, Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 3, Interviewing with a simule patient, Undergraduate, 2022 - 2023, 2021 - 2022

Dealing with the difficult patient (Debrifing), Undergraduate, 2022 - 2023, 2021 - 2022

Professionalism, Undergraduate, 2022 - 2023, 2021 - 2022

Drug preparation and intramuscular injection skills, Undergraduate, 2022 - 2023, 2021 - 2022

Dealing with the difficult patient (Simule Patient Interview), Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 4, Interviewing with a patient (Debrfiring), Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 3, Interviewing with a simule patient, Undergraduate, 2022 - 2023, 2021 - 2022

Palpating the Pulse (Radial Artery) and Measuring the Blood Pressure, Undergraduate, 2022 - 2023, 2021 - 2022

Kariyer Planlama, Undergraduate, 2022 - 2023, 2021 - 2022

Sağlık İletişimi, Undergraduate, 2022 - 2023

Gynecologic examination and smear skills, Undergraduate, 2022 - 2023, 2021 - 2022

Getting to know our hospital - Orientation, Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 4, Interviewing with a patient (Debrfiring), Undergraduate, 2022 - 2023, 2021 - 2022

Intravenous access, fluid therapy, Undergraduate, 2022 - 2023, 2021 - 2022

Hand washing, Putting on the Mask and Taking it off , Undergraduate, 2022 - 2023, 2021 - 2022

Suturing Process and Suture Removal, Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 1, Interviewing with a simule patient, Undergraduate, 2022 - 2023, 2021 - 2022

Breaking Bad News (Simule Patient Interview), Undergraduate, 2022 - 2023, 2021 - 2022

Taking a blood sample from fingertip, Undergraduate, 2022 - 2023, 2021 - 2022

Putting on the Sterile Gloves and Taking off the Contaminated Gloves, Undergraduate, 2022 - 2023, 2021 - 2022

Problem Based Learning, Undergraduate, 2022 - 2023, 2021 - 2022

Refleksiyon, Undergraduate, 2022 - 2023

Measuring Temperature Via Thermoscan, Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 2, Interviewing with a patient (Debrfiring), Associate Degree, 2022 - 2023, 2021 - 2022

Leadership in Medicine, Undergraduate, 2022 - 2023

Interprofessional Communication, Undergraduate, 2022 - 2023

Breaking Bad News (Debrifing), Undergraduate, 2022 - 2023, 2021 - 2022

Putting on the Sterile Gloves and Taking off the Contaminated Gloves, Undergraduate, 2022 - 2023, 2021 - 2022

Reflection, Undergraduate, 2022 - 2023

Intradermal and subcutan enjection skills, Undergraduate, 2022 - 2023, 2021 - 2022

Breaking Bad News (Debrifing), Undergraduate, 2022 - 2023, 2021 - 2022

Hand washing, Putting on the Mask and Taking it off , Undergraduate, 2022 - 2023, 2021 - 2022

Communication skills 2, Interviewing with a patient (Debrfiring), Undergraduate, 2022 - 2023, 2021 - 2022

Putting on the Sterile Gloves and Taking off the Contaminated Gloves, Undergraduate, 2022 - 2023, 2021 - 2022
Intradermal and subcutan enjection skills, Undergraduate, 2022 - 2023, 2021 - 2022
Taking a blood sample from fingertip, Undergraduate, 2022 - 2023, 2021 - 2022
Tıpta Liderlik, Undergraduate, 2022 - 2023
Communication skills 1, Interviewing with a simule patient, Undergraduate, 2022 - 2023, 2021 - 2022
Breaking Bad News (Simule Patient Interview), Undergraduate, 2022 - 2023, 2021 - 2022
Rural Medicine, Undergraduate, 2021 - 2022
Meslekler Arası İletişim, Undergraduate, 2022 - 2023
Measuring Temperature Via Thermoscan, Undergraduate, 2022 - 2023, 2021 - 2022
Intravenous access, fluid therapy, Undergraduate, 2021 - 2022

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Medical Students' Views and Attitudes toward Vaccine Refusal during the COVID-19 Pandemic: A Multicenter Study**
Tanriverdi E. C., AĞADAYI E., Layık M. E., NAS M. A., KARAHAN S., ÇALIKOĞLU E. O.
IRANIAN RED CRESCENT MEDICAL JOURNAL, vol.25, no.4, 2023 (SCI-Expanded)
- II. **Validity and reliability of the Professionalism Assessment Scale in Turkish medical students**
Tanriverdi E., Nas M. A., Kaşali K., Layık M. E., El-Aty A. M. A.
PLOS ONE, vol.18, no.1, 2023 (SCI-Expanded)
- III. **The impact of teach-back educational method on diabetes knowledge level and clinical parameters in type 2 diabetes patients undergoing insulin therapy**
Nas M. A., Çayır Y., Bilen A.
INTERNATIONAL JOURNAL OF CLINICAL PRACTICE, vol.75, no.4, 2021 (SCI-Expanded)
- IV. **Brief Report: Turkish Validity and Reliability of the HITS Intimate Partner Violence Screening Tool With Women**
Atabay G., NAS M. A., KAŞALI K., KOŞAN Z., ÇAYIR Y.
VIOLENCE AND VICTIMS, vol.36, no.5, pp.667-680, 2021 (SSCI)

Articles Published in Other Journals

- I. **Family Physicians' Awareness and Knowledge Levels of Stroke Risk Factors and Transient Ischemic Attack**
BAYRAKTAR M., NAS M. A., KOÇAK M. N.
Recent Trends in Pharmacology, vol.1, no.3, pp.131-142, 2023 (Peer-Reviewed Journal)
- II. **Tıp öğrencilerinde obsesif kompulsif belirtiler ve ortoreksiya nervoza: Web tabanlı, kesitsel bir çalışma**
ÇINAR TANRIVERDİ E., NAS M. A.
Atatürk Üniversitesi Tıp Fakültesi Cerrahi Tıp Bilimleri Dergisi, vol.2, no.3, pp.91-99, 2023 (Peer-Reviewed Journal)
- III. **The role of obsessive-compulsive symptoms and gender in the frequency of orthorexia nervosa in medical students: A web-based, cross-sectional study**
ÇINAR TANRIVERDİ E., NAS M. A.
Research Square Platform LLC, 2022 (Non Peer-Reviewed Journal)
- IV. **Evaluation of summary of product characteristics and patient information leaflet of the best-selling drugs in Turkey in terms of readability**
GÜRSOY E., TAŞTAN K., NAS M. A., YILMAZ KARTAL İ. B.
Istanbul Journal of Pharmacy, vol.52, pp.342-348, 2022 (ESCI)
- V. **Yeni Mezun Hekimlerin Öz Yeterlik Algıları ve Kariyer Tercihleri ile Covid-19 Pandemisinin Eğitime Etkisiyle İlgili Görüşleri**

Nas M. A., Çınar Tanrıverdi E.

Tıp Eğitimi Dünyası, vol.21, no.65, pp.31-41, 2022 (Peer-Reviewed Journal)

VI. Vaccine Rejection in a University's Training Family Health Centers

NAS M. A., Atabay G., Sakiroğlu F., ÇAYIR Y.

KONURALP TIP DERGİSİ, vol.12, no.3, pp.430-434, 2020 (ESCI)

Refereed Congress / Symposium Publications in Proceedings

- I. **Sözleşmeli Aile Hekimliği Uzmanlık Eğitimi Öğrencilerinin Hastane Eğitim Ortamı Algılarının Değerlendirilmesi: Pilot Çalışma**
Yılmaz Kartal İ. B., Nas M. A., Çayır Y.
12. International Trakya Family Medicine Congress, Edirne, Turkey, 1 - 04 June 2023, pp.61
- II. **TIP FAKÜLTESİ ÜÇÜNCÜ SINIF ÖĞRENCİLERİNİN "KÖTÜ HABER VERME" KONUSUNDA ALGILARI VE SİMÜLE HASTA ETKİLEŞİMİ GERİBİLDİRİMLERİ**
ÇINAR TANRIVERDİ E., NAS M. A.
I. Uluslararası Tıp, Sağlık ve İletişim Bilimleri Kongresi, Antalya, Turkey, 9 - 12 December 2021
- III. **Relationship of screen use in students with headache "The global problem of the new century"**
Çınar Tanrıverdi E., Nas M. A.
INTERNATIONAL NEUROLOGICAL EMERGENCY SYMPOSIUM, Erzurum, Turkey, 07 December 2021
- IV. **Neurological emergencies in the perspective of the national core education program of medical education**
Nas M. A., Çınar Tanrıverdi E.
INTERNATIONAL NEUROLOGICAL EMERGENCY SYMPOSIUM, Erzurum, Turkey, 07 November 2021
- V. **Self-efficacy perceptions of Atatürk University term 6 students about neurological emergencies: A pilot study**
Nas M. A., Çınar Tanrıverdi E.
INTERNATIONAL NEUROLOGICAL EMERGENCY SYMPOSIUM, Erzurum, Turkey, 07 November 2021
- VI. **TIP FAKÜLTESİ ÜÇÜNCÜ SINIF ÖĞRENCİLERİNİN ZOR HASTA ALGILARI VE EĞİTİMLE İLGİLİ GÖRÜŞLERİ**
NAS M. A., ÇINAR TANRIVERDİ E.
1. uluslararası tıp, sağlık ve iletişim bilimleri kongresi, Ankara, Turkey, 09 December 2021
- VII. **Atatürk Üniversitesi Eğitim Aile Sağlığı Merkezlerinde Aşı Reddi Sorunu**
NAS M. A., Şakiroğlu F., ÇAYIR Y.
18th International Eastern Mediterranean Family Medicine Congress, 25 - 28 April 2019
- VIII. **Aile İçi Şiddet Tarama Ölçeğinin (HITS) Türkçe Geçerlilik ve Güvenilirlik Çalışması**
ATABAY G., NAS M. A., KAŞALI K., KOŞAN Z., ÇAYIR Y.
18th International Eastern Mediterranean Family Medicine Congress, 25 - 28 April 2019
- IX. **Aile İçi Şiddet Tarama Ölçeğinin (HITS) Türkçe geçerlilik ve Güvenirlilik Çalışması**
ATABAY G., NAS M. A., KAŞALI K., KOŞAN Z., ÇAYIR Y.
18th International Eastern Mediterranean Family Medicine Congress, 25 - 28 April 2019
- X. **Kulak Akupunktur ve Egzersizin Kilo Vermeye ve Antropometrik Ölçümlere etkisi**
Akşit K., TAŞ S., NAS M. A., ÇAYIR Y.
18th International Eastern Mediterranean Family Medicine Congress, 25 - 28 April 2019
- XI. **Kulak Akupunkturunun Obezite Üzerine Etkisi**
NAS M. A., Şakiroğlu F., ATABAY G., ÇAYIR Y.
8. International Trakya Family Medicine Congress, 6 - 09 March 2019

Supported Projects

Taştan K., Yılmaz Kartal İ. B., Nas M. A., Ekimci Deniz F., Bayramoğlu A., Gürsoy E., Sayır F., Kalaycı T., TUBİTAK Project, Tıp Fakültesi Öğrencilerine Yönelik Temel İletişim Becerileri Eğitimi, 2023 - 2023
ÇINAR TANRIVERDİ E., KAŞALI K., ÇAYIR Y., SİNCAN S., NAS M. A., Project Supported by Higher Education Institutions, Öğrenci Bilimsel Araştırma Kongresi (ÖBAK) Düzenlenmesi, 2022 - 2022
SİNCAN S., SİNCAN G., NAS M. A., ÇAYIR Y., TAŞTAN K., ÇINAR TANRIVERDİ E., YILMAZ KARTAL İ. B., ERDAL A., UZKESER H., Project Supported by Higher Education Institutions, 5. Entegre Tıp Sempozyumu, 2022 - 2022
ÇINAR TANRIVERDİ E., NAS M. A., KAŞALI K., Project Supported by Higher Education Institutions, Tıp Öğrencileri için Profesyonellik Değerlendirme Ölçeği PAS Türkçe Geçerlik Ve Güvenirlik Çalışması, 2021 - 2022

Activities in Scientific Journals

Geleneksel ve Tamamlayıcı Tıp Dergisi, Advisory Committee Member, 2023 - Continues

Memberships / Tasks in Scientific Organizations

Anadolu Geleneksel ve Tamamlayıcı Tıp Derneği, Member, 2021 - Continues, Turkey
Türkiye Aile Hekimleri Uzmanlık Derneği, Member, 2018 - Continues, Turkey

Metrics

Publication: 27
Citation (WoS): 9
Citation (Scopus): 5
H-Index (WoS): 2
H-Index (Scopus): 1

Awards

Nas M. A., Çayır Y., Türkiye Aile Hekimliği Vakfı En İyi Aile Hekimliği Tezi Mansiyon Ödülü, Türkiye Aile Hekimliği Vakfı, October 2020