

## Asst. Prof. Fatma TUYGAR OKUTUCU

### Personal Information

Web: <https://avesis.atauni.edu.tr/fokutucu.tuygar>

### International Researcher IDs

ORCID: 0000-0001-7706-6751

Yoksis Researcher ID: 171081

### Education Information

Expertise In Medicine, Ataturk University, Tıp Fakültesi, Dahili Tıp Bilimleri, Turkey 2006 - 2011

### Certificates, Courses and Trainings

Health&Medicine, PEERS FOR YOUNG ADULTS CERTIFIED TRAINING SEMINAR, UCLA PEERS Clinic, 2022

### Research Areas

Health Sciences

### Courses

OBSESİF KOMPULSİF BOZUKLUK VE İLİŞKİLİ BOZUKLUKLAR, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020

psikiyatrik aciller, Expertise In Medicine, 2023 - 2024, 2022 - 2023

CİNSEL İŞLEV BOZUKLUKLARI, Expertise In Medicine, 2023 - 2024, 2022 - 2023

ANKSİYOLİTİK, SEDATİF, HİPNOTİK İLAÇLAR VE EKT, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020

DAVRANIŞIN BİYOLOJİK KÖKENLERİ, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021

DUYUMLAR, ALGILAM VE BOZUKLUKLARI, Undergraduate, 2023 - 2024, 2021 - 2022, 2020 - 2021

DAVRANIŞ BİLİMLERİNE GİRİŞ, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021

DİKKAT, BELLEK VE BOZUKLUKLARI, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021

ADLİ PSİKIYATRİ, Expertise In Medicine, 2023 - 2024, 2022 - 2023

YEME BOZUKLUKLARI, Expertise In Medicine, 2023 - 2024, 2022 - 2023

ACİL PSİKIYATRİ, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020

DÜŞÜNCE, DİL VE BOZUKLUKLARI, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021

RUHSAL YAPININ BİLEŞENLERİ, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021

ANKSİYETE BOZUKLUKLARI, Expertise In Medicine, 2023 - 2024, 2022 - 2023

ANKSİYETE BOZUKLUKLARI, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020

UYKU VE RÜYA, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

DUYGU,DUYGUDURUM, ANKSİYETE VE BOZUKLUKLARI, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021

TRAVMA VE STRESSLE İLİŞKİLİ BOZUKLUKLAR, Undergraduate, 2021 - 2022, 2020 - 2021

## Advising Theses

Tuygar Okutucu F., Erişkin Dikkat Eksikliği ve Hiperaktivite Bozukluğu Hastalarında Bisfenol A (BPA) Düzeyleri ve Bilişsel İşlevler Arasındaki İlişkinin Değerlendirilmesi, Expertise In Medicine, D.DEĞİRMENCİOĞLU(Student), 2023  
Tuygar Okutucu F., Erişkin Dikkat Eksikliği ve Hiperaktivite Bozukluğu Hastalarında Bisfenol A (BPA) Düzeyleri ve Bilişsel İşlevler Arasındaki İlişkinin Değerlendirilmesi, Expertise In Medicine, D.DEĞİRMENCİOĞLU(Student), 2023  
Tuygar Okutucu F., Depresyon alt tiplerinde irisin, adropin ve preptin düzeylerinin incelenmesi, Expertise In Medicine, M.ALİ(Student), 2022

## Jury Memberships

Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, September, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, September, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, September, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, July, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, July, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, June, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, March, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, February, 2023  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, September, 2022  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, July, 2022  
Expertise In Medicine, Expertise In Medicine, Atatürk Üniversitesi, February, 2022

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Association of bisphenol A with cognitive functions and functionality in adult attention deficit hyperactivity disorder**  
Gok D. D., Okutucu F., ÖZTÜRK N., CEYHUN H. A.  
JOURNAL OF PSYCHIATRIC RESEARCH, vol.169, pp.64-72, 2024 (SCI-Expanded)
- II. **DiGeorge Syndrome With Atypical Psychotic Symptoms: The Need for a Multidisciplinary Methodology**  
Okutucu F.  
Psychiatric Annals, vol.53, no.9, pp.432-435, 2023 (SSCI)
- III. **Association of menopausal symptoms and menopausal quality of life with premenstrual syndrome**  
Tuygar Okutucu F., Cimilli Şenocak G. N., Ceyhun H. A., Özcan H.  
Malawi Medical Journal, vol.35, no.2, pp.95-100, 2023 (SCI-Expanded)
- IV. **Irisin, adropin, and preptin as biomarkers of energy dysregulation in depressive disorder**  
Çiçek M. A., Tuygar Okutucu F., Öztürk N.  
Current Medical Research and Opinion, vol.39, no.9, pp.1263-1270, 2023 (SCI-Expanded)
- V. **Cognitive Functions in Obsessive Compulsive Disorder and Its Relationship with Oxidative Metabolism**  
Tuygar Okutucu F., Kırpınar İ., Deveci E., Kızıltunç A.  
NOROSIKIYATRI ARSIVI-ARCHIVES OF NEUROPSYCHIATRY, vol.60, no.2, pp.134-142, 2023 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Comparison of Menstrual Period Experiences in Mothers and Their Daughters**  
TUYGAR OKUTUCU F.  
Van Tıp Dergisi, vol.31, no.1, pp.35-43, 2024 (Peer-Reviewed Journal)
- II. **Relationship between suicidal behavior/self-mutilation and**

## **vitaminB12andfolicacidlevels inadulthoodattentiondeficit hyperactivitydisorder**

Tuygar Okutucu F., Değirmencioğlu Gök D.

Annals of Medical Research, vol.30, no.12, pp.1549-1556, 2023 (Peer-Reviewed Journal)

### **III. Obsessive-Compulsive Disorder During the COVID-19 Pandemic Process: A Narrative Review**

Tuygar Okutucu F., Ceyhun H. A.

The Eurasian Journal of Medicine , vol.54, no.Suppl. 1, pp.77-90, 2022 (ESCI)

### **IV. Evaluation of the Perceptions about the Covid-19 Pandemic of Patients with the Diagnosis of Generalized Anxiety Disorder: A Qualitative Study Fires again, me again**

Tuygar Okutucu F., Ceyhun H. A.

New Trends in Medicine Sciences, vol.3, no.2, pp.83-90, 2022 (Peer-Reviewed Journal)

## **Books & Book Chapters**

### **I. ŞİZOFRENİDE BESLENME VE DİYET YÖNETİMİ**

Tuygar Okutucu F.

in: DAHİLİ HASTALARDA ÖZEL BESLENME VE DİYET YÖNETİMİ, CAN ÖZLÜ, Editor, Akademisyen Yayınevi Kitabevi, Ankara, pp.295-302, 2019

### **II. ANKSİYETE BOZUKLUKLARINDA BESLENME VE DİYET YÖNETİMİ**

Tuygar Okutucu F.

in: DAHİLİ BİLİMLERDE ÖZEL BESLENME VE DİYET YÖNETİMİ, CAN ÖZLÜ, Editor, Akademisyen Kitabevi, Ankara, pp.303-314, 2019

## **Refereed Congress / Symposium Publications in Proceedings**

### **I. Paroksetin İlişkili Hepatotoksisite, Bir Vaka Sunumu**

Babacan H. E., Tuygar Okutucu F., Ceyhun H. A.

59. Ulusal Psikiyatri Kongresi & Deprem ve Ruh Sağlığı Sempozyumu, Antalya, Turkey, 18 - 22 October 2023, pp.138

### **II. ERİŞKİN DİKKAT EKSİKLİĞİ/HİPERAKTİVİTE BOZUKULUĞUNDA TRANSKRANİYAL DOĞRU AKIM STİMÜLASYON ETKİLERİNİN SİSTEMATİK İNCELEMESİ**

Tuygar Okutucu F.

International Medicine and Health Sciences Researches Congress, Ankara, Turkey, 26 - 27 August 2023, pp.1057-1069

### **III. Dysfunctional personality disorder beliefs, suicide attempt and medication adherence in patients with bipolar disorder type-1**

Aydın E. F., Ceyhun H. A., Şahingöz M., Tuygar Okutucu F., Kartal C.

EABCT 2021 Congress Belfast, Northern Ireland, Belfast, England, 8 - 11 September 2021, pp.96

### **IV. The relationship between personality disorder dysfunctional beliefs, medication adherence and clinical features in schizophrenia spectrum disorders**

Aydın E. F., Ceyhun H. A., Şahingöz M., Tuygar Okutucu F., Kartal C.

10th International Congress of Cognitive Psychotherapy, ROMA, Italy, 13 - 18 May 2021, vol.1, pp.42-43

### **V. COVID-19 pandemisi sürecinde OKB hastalarının durumu**

Tuygar Okutucu F.

PANDEMİNİN RUH SAĞLIĞINA YANSIMALARI VE PSİKOSOSYAL BAKIM KONGRESİ, Erzurum, Turkey, 24 - 25 June 2021, pp.311-312

### **VI. The relationship between personality disorder dysfunctional beliefs, medication adherence and clinical features in schizophrenia spectrum disorders**

AYDIN E. F., CEYHUN H. A., ŞAHİNGÖZ M., TUYGAR OKUTUCU F., Kartal C.

10th International Congress of Cognitive Psychotherapy, Roma, Italy, 13 - 15 May 2021, pp.42-43

## VII. Beslenme Ve Anksiyete Bozuklukları

Tuygar Okutucu F.

55. ulusal psikiyatri kongresi, İstanbul, Turkey, 23 - 27 October 2019, pp.156-157

## VIII. Amisulpiride for the treatment of clozapine-induced hypersalivation: A preliminary study

YAZICI E., KIRPINAR İ., YAZICI A. B., TUYGAR OKUTUCU F., AYDIN N., ALGÜL S., CEYHUN H. A.

XXVI CINP Congress, Munich, Germany, 13 June 2008, vol.11, pp.137

## Supported Projects

TUYGAR OKUTUCU F., DEĞİRMENCİOĞLU GÖK D., Project Supported by Higher Education Institutions, ERİŞKİN DİKKAT EKSİKLİĞİ VE HİPERAKTİVİTE BOZUKLUĞU HASTALARINDA BİSFENOL A (BPA) DÜZEYLERİ VE BİLİŞSEL İŞLEVLER ARASINDAKİ İLİŞKİNİN DEĞERLENDİRİLMESİ, 2022 - 2024

TUYGAR OKUTUCU F., ÇİÇEK M. A., Project Supported by Higher Education Institutions, Depresyon Alt Tiplerinde İrisin, Adropin ve Preptin Düzeylerinin İncelenmesi, 2021 - 2022

## Scientific Refereeing

Annals of Medical Research, National Scientific Refreed Journal, December 2023

Annals of Medical Research, National Scientific Refreed Journal, November 2023

Annals of Medical Research, National Scientific Refreed Journal, November 2023

JOURNAL OF ETHNICITY IN SUBSTANCE ABUSE, Journal Indexed in SSCI, September 2022

NEW TRENDS IN MEDICAL SCIENCES, Journal Indexed in ESCI, June 2022

## Metrics

Publication: 19

Citation (WoS): 5

Citation (Scopus): 3

H-Index (WoS): 1

H-Index (Scopus): 1

## Congress and Symposium Activities

INTERNATIONAL MEDICINE AND HEALTH SCIENCES RESEARCHES CONGRESS, Panelists, Ankara, Turkey, 2023

GELİŞİMSEL BOZUKLUĞU OLAN BİREYLERE VERİLEN ACİL HİZMETLERİNİN NİTELİĞİNİ ARTIRMA ÇALIŞTAYI,

Audience, Ankara, Turkey, 2021

12. Uluslararası Psikofarmakoloji Kongresi, Audience, Antalya, Turkey, 2021

PANDEMİNİN RUH SAĞLIĞINA YANSIMALARI VE PSİKOSOSYAL BAKIM KONGRESİ, Panelists, Erzurum, Turkey, 2021

55. ULUSAL PSİKİYATRİ KONGRESİ, Panelists, İstanbul, Turkey, 2019