

Lect. Muharrem OĞAN

Personal Information

Web: <https://avesis.atauni.edu.tr/muharrem.ogan>

Education Information

Postgraduate, Gazi University, Sağlık Bilimleri Enstitüsü, Beden Eğitimi Ve Spor, Turkey 1993 - 1996

Undergraduate, Gazi University, Gazi Eğitim Fakültesi, Beden Eğitimi Ve Spor, Turkey 1987 - 1991

Dissertations

Postgraduate, Kum ve salon gibi farklı yüzeylerde yapılan çabuk kuvvet çalışmalarının 16-18 yaş grubu voleybolcuların anaerobik güçlerin etkisi, Gazi University, Sağlık Bilimleri Enstitüsü, 1996

Research Areas

Medicine, Health Sciences, Fundamental Medical Sciences, Human Physiology, Sport Physiology

Academic Titles / Tasks

Lecturer, Ataturk University, Kâzım Karabekir Eğitim Fakültesi, Beden Eğitimi ve Spor, 1998 - Continues

Academic and Administrative Experience

Curriculum Preparation Committee Member, Ataturk University, Kâzım Karabekir Eğitim Fakültesi, Beden Eğitimi ve Spor, 2000 - Continues

Exam Program Preparation Commission Member, Ataturk University, Kâzım Karabekir Eğitim Fakültesi, Beden Eğitimi ve Spor, 2000 - Continues

Courses

SEÇMELİ 12, Undergraduate, 2023 - 2024

Sports for Children and Elderly, Undergraduate, 2024 - 2025, 2023 - 2024

ÖĞRETMENLİK UYGULAMASI 2, Undergraduate, 2023 - 2024

VOLEYBOL ÖĞRETİM YÖNTEMLERİ, Undergraduate, 2023 - 2024

ÜSD VOLEYBOL ÖĞRETİMİ, Undergraduate, 2023 - 2024

BİREYSEL SPORLAR, Undergraduate, 2023 - 2024

ÖZEL ÖĞRETİM YÖNTEMLERİ, Undergraduate, 2023 - 2024

Eğitsel Oyunlar, Undergraduate, 2023 - 2024

Sağlıklı Yaşam İçin Egzersiz Programları, Undergraduate, 2023 - 2024

SPOR FOTOĞRAFÇILIĞI, Undergraduate, 2022 - 2023

BEDEN EĞİTİMİ VE SPOR TARİHİ, Undergraduate, 2023 - 2024
SPORTS FOR CHILDREN AND THE ELDERLY, Undergraduate, 2022 - 2023
ANTRENMAN BİLGİSİ, Undergraduate, 2023 - 2024
TAKIM SPORLARI 3 VOLEYBOL, Undergraduate, 2023 - 2024
RAKET SPORLARI BADMİNTON, Undergraduate, 2022 - 2023
ÜSD BOWLING ÖĞRETİMİ, Undergraduate, 2022 - 2023
ELİT SPORCUYA PSİKOLOJİK YAKLAŞIMLAR, Undergraduate, 2022 - 2023
Team Sports III, Undergraduate, 2023 - 2024
ÖĞRETMENLİK UYGULAMASI 1, Undergraduate, 2023 - 2024
GELENEKSEL TÜRK SPORLARI, Undergraduate, 2023 - 2024
BOWLING ÖĞRETİMİ, Undergraduate, 2022 - 2023
ÇOCUK VE YAŞLILARDA SPOR, Undergraduate, 2022 - 2023
Training Information, Undergraduate, 2023 - 2024
SPORDA MOTİVASYONEL YAKLAŞIMLAR, Undergraduate, 2022 - 2023
BECERİ ÖĞRENİMİ, Undergraduate, 2022 - 2023
ADAPTATION TO PROFESSIONAL LIFE, Undergraduate, 2023 - 2024
Geleneksel Türk Sporları Öğretimi , Undergraduate, 2023 - 2024
SPORDA FAİR PLAY VE OLİMPİZM, Undergraduate, 2022 - 2023
Sağlıklı Yaşam İçin Egzersiz Programlama, Undergraduate, 2022 - 2023
Çocuk ve Yaşlılarda Spor, Undergraduate, 2023 - 2024
Sağlıklı Yaşam İçin Egzersiz Programları, Undergraduate, 2022 - 2023
GRUP DİNAMİĞİ ve LİDERLİK, Undergraduate, 2022 - 2023
HAREKET EĞİTİMİ, Undergraduate, 2022 - 2023
SEÇMELİ 11 VOLEYBOL ÖĞRETİMİ, Undergraduate, 2022 - 2023
ÜSD VOLEYBOL, Undergraduate, 2022 - 2023
Öğretmenlik Uygulaması 2, Undergraduate, 2021 - 2022
Öğretmenlik Uygulaması 1, Undergraduate, 2021 - 2022
Teaching Practice, Undergraduate, 2020 - 2021, 2019 - 2020
Research project, Undergraduate, 2020 - 2021
Athletics, Undergraduate, 2020 - 2021, 2019 - 2020
Bowling I, Undergraduate, 2020 - 2021, 2019 - 2020
Research project, Undergraduate, 2020 - 2021
Volleyball Teaching Methods III, Undergraduate, 2020 - 2021, 2019 - 2020
Athletics Teaching Methods I, Undergraduate, 2020 - 2021
Athletics, Undergraduate, 2020 - 2021
Skill Learning, Undergraduate, 2020 - 2021
Athletics, Undergraduate, 2020 - 2021
Athletics, Undergraduate, 2020 - 2021
Physical Fitness, Undergraduate, 2020 - 2021
Human Rights and Democracy Education, Undergraduate, 2020 - 2021
Research project, Undergraduate, 2019 - 2020
Volleyball Teaching Methods II, Undergraduate, 2020 - 2021
Athletics, Undergraduate, 2019 - 2020
Movement Training, Undergraduate, 2020 - 2021
Bowling, Undergraduate, 2020 - 2021
Exercise and Nutrition, Undergraduate, 2019 - 2020
Physical Fitness, Undergraduate, 2020 - 2021
Team Sports III, Undergraduate, 2020 - 2021
School experience, Undergraduate, 2019 - 2020
Team Sports III, Undergraduate, 2020 - 2021
Movement Training, Undergraduate, 2020 - 2021

Volleyball, Undergraduate, 2020 - 2021
Training Information, Undergraduate, 2019 - 2020
Lifetime Sport, Undergraduate, 2020 - 2021
Movement Training, Undergraduate, 2020 - 2021
Athletics, Undergraduate, 2019 - 2020
Fiziksel UYGUNLUK, Undergraduate, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016
BOWLING ÖĞRETİM YÖNTEMLERİ, Undergraduate, 2018 - 2019
OKUL DENEYİMİ, Undergraduate, 2018 - 2019
ANTRENMAN BİLGİSİ, Undergraduate, 2018 - 2019
VOLEYBOL ÖĞRETİM YÖNTEMLERİ, Undergraduate, 2018 - 2019
EGZERSİZ ve BESLENME, Undergraduate, 2018 - 2019, 2017 - 2018, 2016 - 2017
SPORDA YETENEK SEÇİMİ ve İLKELERİ, Undergraduate, 2018 - 2019
ÖĞRETMENLİK UYGULAMASI, Undergraduate, 2018 - 2019
BOWLING, Undergraduate, 2018 - 2019
OKUL ÖNCESİ ve İLKÖĞRETİMDE HAREKET EĞİTİMİ, Undergraduate, 2018 - 2019
VOLEYBOL, Undergraduate, 2018 - 2019
VOLEYBOL, Undergraduate, 2018 - 2019
YAŞAM BOYU SPOR, Undergraduate, 2018 - 2019, 2015 - 2016
HAREKET EĞİTİMİ, Undergraduate, 2018 - 2019
ARAŞTIRMA PROJESİ, Undergraduate, 2017 - 2018, 2016 - 2017

Articles Published in Other Journals

- I. **EXPLORING OF TABLE TENNIS TRAINERS ATTITUDES TOWARDS ATHLETES USE OF DOPING**
Özdemir K., Yazıcı A. G., Öztürk M. E., Oğan M.
SOCIAL MENTALITY AND RESEARCHER THINKERS JOURNAL, vol.7, pp.42-45, 2021 (Peer-Reviewed Journal)
- II. **Analysing Listening Skills High School of Physical Education and Sports Students**
Özdemir K., Yazıcı A. G., Öztürk M. E., Oğan M., Yetkin Ö.
International Journal of Applied Exercise Physiology (IJAEP), no.10, pp.108-114, 2021 (Peer-Reviewed Journal)
- III. **EVALUATION OF ATTITUDES OF HIGH SCHOOL STUDENTS (15-17 AGE GROUP) IN PHYSICAL EDUCATION LESSONS**
Öztürk M. E., Yazıcı A. G., Oğan M., Özdemir K.
International Journal of Research -GRANTHAALAYAH, vol.8, no.9, pp.383-387, 2020 (Peer-Reviewed Journal)
- IV. **EVALUATION OF ATTITUDES OF HIGH SCHOOL STUDENTS (15-17 AGE GROUP) IN PHYSICAL EDUCATION LESSONS**
OZTÜRK M. E., YAZICI A. G., OGAN M., ÖZDEMİR K.
International Journal of Research -GRANTHAALAYAH, vol.8, no.9, pp.383-387, 2020 (Peer-Reviewed Journal)
- V. **INVESTIGATION OF PHYSICAL ACTIVITY LEVEL OF THE UNIVERSITY PERSONNEL BY SOME VARIABLES**
Oğan M., Öztürk M. E., Yazıcı A. G., Öztürk D., Aknar U. F.
ASIAN ACADEMIC RESEARCH JOURNAL OF MULTIDISCIPLINARY, vol.6, pp.85-106, 2019 (Peer-Reviewed Journal)
- VI. **STUDENT ATTITUDES TOWARDS BASKETBALL**
Yazıcı A. G., Oğan M., Öztürk M. E., Özdemir K.
Journal of Physical Education Research, vol.6, no.1, pp.42-48, 2019 (Peer-Reviewed Journal)
- VII. **ATTITUDES OF 11-15 YEARS OLD STUDENTS TOWARDS PHYSICAL EDUCATION COURSE**
ÖZTÜRK M. E., YAZICI A. G., ÖZDEMİR K., OĞAN M.
Journal of Physical Education Research, vol.6, no.1, pp.24-28, 2019 (Peer-Reviewed Journal)
- VIII. **A EXAMINING THE FACTORS LIMITING THE PARTICIPATION IN THE LEISURE TIME PHYSICAL ACTIVITIES**
Oğan M., Öztürk D., Öztürk M. E., Yazıcı A. G., Aknar U.

- ASIAN ACADEMIC RESEARCH JOURNAL OF MULTIDISCIPLINARY, vol.5, pp.72-86, 2018 (Peer-Reviewed Journal)
- IX. **INVESTIGATION OF SOME ANAEROBIC PHYSICAL ACTIVITY AND PHYSICAL FITNESS PARAMETERS OF UNIVERSITY STUDENTS**
Öztürk M. E., Oğan M., Öztürk D.
ASIAN ACADEMIC RESEARCH JOURNAL OF MULTIDISCIPLINARY, vol.5, pp.1-6, 2018 (Peer-Reviewed Journal)
- X. **INVESTIGATION OF PHYSICAL FITNESS PARAMETERS OF UNIVERSITY STUDENTS IN TERMS OF DIFFERENT VARIABLES**
OĞAN M., ÖZTÜRK D., ÖZTÜRK M. E.
ASIAN ACADEMIC RESEARCH JOURNAL OF MULTIDISCIPLINARY, vol.4, pp.262-272, 2017 (Peer-Reviewed Journal)
- XI. **THE EFFECT OF AEROBIC EXERCISE ONE SESSION WITH DIFFERENT INTENSITY ON THE SERUM MDA OF SMOKERS**
ÖZTÜRK D., ÖZTÜRK M. E., OĞAN M., TOZOĞLU E.
Asian Academic Research Journal of Social Sciences Humanities, vol.4, pp.146-152, 2017 (Peer-Reviewed Journal)
- XII. **A COMPARISON OF SOME PHYSICAL AND PHYSIOLOGICAL PARAMETERS OF FEMALE STUDENTS STUDYING AT ATATÜRK UNIVERSITY**
OĞAN M., ÖZTÜRK D., ÖZTÜRK M. E., ASLAN B. E., POLAT M.
ASIAN ACADEMIC RESEARCH JOURNAL OF SOCIAL SCIENCES & HUMANITIES, vol.3, no.10, pp.187-196, 2016 (Peer-Reviewed Journal)
- XIII. **EVALUATION OF PHYSICAL EDUCATION COURSE ATTITUDES OF STUDENTS FROM DIFFERENT DEPARTMENTS OF EDUCATIONAL FACULTY AT ATATURK UNIVERSITY**
OGAN M., ASLAN B. E., ÖZTÜRK M. E., ÖZTÜRK D., POLAT M.
AARJSHASIAN ACADEMIC RESEARCH JOURNAL OF SOCIAL SCIENCE & HUMANITIES, vol.3, pp.174-186, 2016 (Peer-Reviewed Journal)
- XIV. **A COMPARISON OF SOME PHYSICAL AND PHYSIOLOGICAL PARAMETERS OF FEMALE STUDENTS STUDYING AT ATATURK UNIVERSITY**
OGAN M., ÖZTÜRK D., ÖZTÜRK M. E., ASLAN B. E., POLAT M.
ASIAN ACADEMIC RESEARCH JOURNAL OF SOCIAL SCIENCE HUMANITIES, vol.3, pp.187-196, 2016 (Peer-Reviewed Journal)
- XV. **PHYSICAL AND PHYSIOLOGICAL PARAMETERS EVALUATION OF SPORT SCIENCE STUDENTS**
Ogan M., Öztürk D., Öztürk M. E., Buzdağlı Y., Sajedi H.
The Swedish Journal of Scientific Research, vol.2, pp.37-40, 2015 (Peer-Reviewed Journal)
- XVI. **The effect of nutrition on the general health the Ataturk University students**
Sajedi H., Öztürk D., Ogan M., Öztürk M. E.
The Swedish Journal of Scientific Research, vol.2, pp.43-46, 2015 (Peer-Reviewed Journal)
- XVII. **THE EFFECT OF NUTRITION ON THE GENERAL HEALTH OF THE ATATURK UNIVERSITY STUDENTS**
Heidar S., ÖZTÜRK D., OĞAN M., ÖZTÜRK M. E.
The Swedish Journal of Scientific Research, vol.2, no.6, pp.43-46, 2015 (Peer-Reviewed Journal)
- XVIII. **The Effect of Ginseng and Glutamine Supplementation on Anaerobic Power in Handball Players**
HEIDAR S., OĞAN M., YUSUF b., YILMAZ U.
European Journal of Physical Education and Sport, vol.9, pp.172-178, 2015 (Peer-Reviewed Journal)
- XIX. **The Evaluation of Sport and Psychological Stress Relationship in Handball Players in Ataturk University**
ÖZTÜRK M. E., HEIDAR s., OĞAN M.
PARIPEX - INDIAN JOURNAL OF RESEARCH, vol.4, pp.4-5, 2015 (Peer-Reviewed Journal)
- XX. **Motivation and Its Corelation with the participant presence in the morning exercise in Turkey**
OĞAN M., HEIDAR S., ÖZTÜRK M. E.
Paripex-Indian journal of research, vol.4, pp.4-5, 2015 (Peer-Reviewed Journal)
- XXI. **Farklı Yüzeylerde Yapılan çabuk kuvvet çalışmalarının 16 18 yaş grubu voleybolcuların anaerobik güçlerine etkisi**
Öztürk M. E., Şebin K., Öztürk D., Oğan M., Yazıcı A. G.
Atatürk Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.7, no.3, 2005 (Peer-Reviewed Journal)

- XXII. **FARKLI YÜZEYLERDE YAPILAN ÇABUK KUVVET ÇALIŞMALARININ 16 18 YAŞ GRUBU VOLEYBOLCULARIN ANAEROBİK GÜÇLERİNE ETKİSİ**
ÖZTÜRK M. E., ŞEBİN K., ÖZTÜRK D., OĞAN M., YAZICI A. G.
ATATÜRK ÜNİVERSİTESİ BESD DERGİSİ, vol.7, pp.12-20, 2005 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **SPORDA KRAMPLARI ÖNLEYEN BESİNLER**
DOĞRU Y. Z., OĞAN M.
in: CUMHURİYETİN 101.YILINDA SPORA BİLİMSEL YAKLAŞIMLAR, YAZICI AHMET GÖKHAN, MURATHAN TALHA, ÖZDEMİR KÜBRA, Editor, Duvar Yayınevi, İzmir, pp.86-92, 2024
- II. **Gelişimde Spontan Fiziksel Aktivitenin Önemi**
KARASU M., OĞAN M., DOĞRU Y. Z.
in: Sporda Antrenman ve Egzersiz Üzerine Araştırmalar, ALAEDDİNOĞLU VAHDET, KİSHALI NECİP FAZIL, DERTLİ MUHAMMET EMİN, Editor, ÖZGÜR YAYINLARI, Erzurum, pp.131-151, 2024
- III. **SPORDA TENDİNİTİN KOLLAJEN İLE İYİLEŞMESİ**
DOĞRU Y. Z., OĞAN M.
in: CUMHURİYETİN 101.YILINDA SPORA BİLİMSEL YAKLAŞIMLAR, YAZICI AHMET GÖKHAN, MURATHAN TALHA, ÖZDEMİR KÜBRA, Editor, Duvar Yayınevi, İzmir, pp.70-75, 2024
- IV. **Gelişimde Spontan Fiziksel Aktivitenin Önemi**
KARASU M., OĞAN M., DOĞRU Y. Z.
in: Sporda Antrenman ve Egzersiz Üzerine Araştırmalar , ALAEDDİNOĞLU VAHDET, KİSHALI NECİP FAZIL, DERTLİ MUHAMMET EMİN, Editor, Özgür Yayınevi, Gaziantep, pp.131-151, 2024
- V. **SPORCULARDA TAMAMALAYICI BESİN OLARAK PANAX GİNSENG (KORE GİNSENGİ)**
DOĞRU Y. Z., OĞAN M.
in: SPOR BİLİMLERİNDE KAPSAYICI ÇALIŞMALAR, KARACAN DOĞAN PINAR, GÖNEN MEVLÜT, Editor, Duvar Yayınevi, İzmir, pp.73-78, 2024
- VI. **Sporda Motivasyonun Yeri ve Önemi Üzerine Değerlendirmeler ve Teoriler**
OĞAN M., ÖZDEMİR K., YAZICI A. G.
in: TEMATİK YAKLAŞIMLA SPORTİF BAKIŞ III, MAVİBAŞ MUHAMMET, ÇİNGÖZ YUNUS EMRE, Editor, Duvar Yayınevi, İzmir, pp.76-87, 2024
- VII. **VOLEYBOLUN NİTELİKLERİ VE HEYECANLI DÜNYASI**
OĞAN M.
in: SPOR ARAŞTIRMALARINDA FARKLI PERSPEKTİFLER 1, Doç. Dr. Ülfet ERBAŞ Dr. Öğr. Üyesi Mehmet Ali CEYHAN Doç. Dr. Mevlüt GÖNEN, Editor, Duvar Yayınları, İzmir, pp.90-100, 2023
- VIII. **VOLEYBOLDA ANTRENMAN İLE İLGİLİ TEMEL KAVRAMLAR VE YÜKLENME PRENSİPLERİ**
OĞAN M.
in: CUMHURİYETİN 100.YILINDA SPORA BİLİMSEL YAKLAŞIMLAR, YAZICI Ahmet Gökhan, ÖZDEMİR Kübra, MURATHAN Talha, Editor, Duvar Yayınları, İzmir, pp.59-68, 2023
- IX. **VOLEYBOLDA ANTRENMANIN BİLEŞENLERİ VE ÖRNEK ANTRENMAN PROGRAMLARI**
OĞAN M.
in: CUMHURİYETİN 100.YILINDA SPORA BİLİMSEL YAKLAŞIMLAR, YAZICI Ahmet Gökhan, ÖZDEMİR Kübra, MURATHAN Talha, Editor, Duvar Yayınları, İzmir, pp.110-123, 2023
- X. **KRONO-BESLENME**
OĞAN M.
in: FARKLI BOYUTLARIYLA SPOR ARAŞTIRMALARI - 3, Doç Dr. Murat KUL Doç. Dr. Ülfet ERBAŞ Dr. Öğretim Üyesi Mehmet Ali CEYHAN, Editor, Duvar Yayınları, İzmir, pp.4-11, 2023
- XI. **Anaerobik Egzersizlerin Fiziksel Uygunluk Ve Aktivite Düzeylerine Etkisinin İncelenmesi**
OĞAN M.
in: Spor Bilimlerinde Akademik Çalışmalar -17, Beltekin Enes, Tükel Yalçın, Editor, Duvar Yayınları, Ankara, pp.5-14,

2022

- XII. **VOLEYBOLCULARDA SPORA KATILIM MOTİVASYONUNUN FARKLI DEĞİŞKENLERE GÖRE İNCELENMES**
Oğan M.
in: BİREYSEL ve TAKIM SPORLARINA BAKIŞ, İbrahim Kubilay TÜRKAY-,Abdullah Yavuz AKINCI, Editor, Ofis2005
Fotokopi ve Büro Makineleri San. Tic. Ltd. Şti. Yıldız Teknik Üniversitesi Davutpaşa Kampüsü Esenler / İSTANBUL,
İstanbul, pp.174-202, 2021

Refereed Congress / Symposium Publications in Proceedings

- I. **THE EFFECT OF AEROBIC EXERCISE ONE SESSION WITH DIFFERENT INTENSITY ON THE SERUM MDA OF SMOKERS**
ÖZTÜRK D., ÖZTÜRK M. E., OGAN M., TOZOĞLU E.
Dünya Spor Bilimleri Araştırmaları Kongresi, 23 - 26 November 2017

Metrics

Publication: 36
H-Index (WoS): 1

Non Academic Experience

ATATÜRK ÜNİVERSİTESİ